

# Grace/Good Shepherd Lutheran Athletics--Player Contract

## Player Responsibilities:

1. Keep up with your schoolwork. Academics are the first priority of a student athlete.
2. Be at all practices, games, and meetings. If you don't practice, you won't play. All excused absences must be coordinated in advance with the coaches.
3. Respect other players. Remember, your teammates are working with you, not against you. Any unnecessary comments or arguments between players or any aggression toward other players will not be tolerated.
4. Listen to your coaches. Your coaches know the game and how to teach it. What your coach says goes. Any backtalk or disrespect to any coaches will not be tolerated.
5. Conduct yourself in an appropriate and respectful manner at all times. Whether at school, a game, or at practice – you must remember that you are a representative of Grace/Good Shepherd Lutheran Schools and your behavior will reflect on our schools. So, treat other teams, schools, spectators, and officials with the utmost respect. Remember, without them, there would not be a game.
6. Accept your role on the team. Realize that a team is made up of individuals and not everyone can start or play at the same time. Try to be the best at whatever role your team needs you to play.
7. Take care of your uniforms. Keep track of it and keep it clean. You are responsible if you are assigned a uniform. It is the property of Grace/Good Shepherd Lutheran Schools.
8. Take care of yourself. Student-athletes need adequate sleep and a healthy diet to perform at their best.

I, \_\_\_\_\_, have read and understand the rules for maintaining a spot on the **Volleyball team** at Grace/Good Shepherd Lutheran Schools.

\_\_\_\_\_  
Player Signature

\_\_\_\_\_  
Date

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**Parents:** I give my permission for \_\_\_\_\_ to be a member of Grace/Good Shepherd Lutheran School athletics. I also promise to support the athletic teams and to help my child fulfill their responsibilities to their team (as stated above--i.e.--notice of absences from practice, getting picked up early, etc.) I further acknowledge that my child is in good health, has a current physical form on file in the school office.

\_\_\_\_\_  
Parent Name

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date